



Verge Network *Effective Disciplemaking*

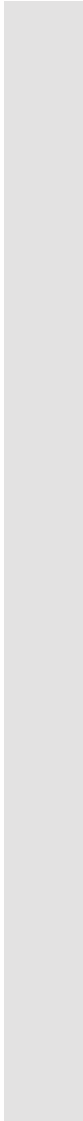

Disciplemaking Blueprint






**Myth #1:
Disciplemaking will just
take care of itself.**

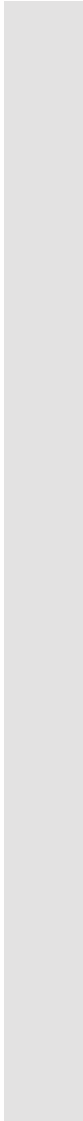




**Myth #2:
Effective disciplinemaking
will come naturally.**



Myth #3:
Disciplemaking doesn't
really **require any**
training.





**Myth #4:
I'm not capable.**

Both Paul and Peter tell us that self-discipline is one of the fruit that the Holy Spirit is actively cultivating in our lives. Research provides us with insights into the benefits of delayed gratification.

PW 7 Self-Discipline

Being able to postpone immediate gratification in order to enjoy a greater reward later has been associated with a wide variety of mental, emotional, and physical benefits. We need to learn to reign in our impulses.

PW 7 Self-Discipline

Studies show that delayed gratification is one of the most effective personal traits of successful people. People who learn how to manage their need to be satisfied in the moment thrive more in their careers, relationships, health, and finances than people who give in to it. Being able to delay satisfaction isn't the easiest skill to acquire


Ilene Strauss Cohen Ph.D.
The Benefits of Delaying Gratification
Psychology Today
December 26, 2017

It involves feeling dissatisfied, which is why it seems impossible for people who haven't learned to control their impulses. Choosing to have something now might feel good, but making the effort to have discipline and manage your impulses can result in bigger or better rewards in the future.

Ilene Strauss Cohen Ph.D.
The Benefits of Delaying Gratification
Psychology Today
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Over time, delaying gratification will improve your self-control and ultimately help you achieve your long-term goals faster.

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Like a city whose walls are broken through
is a person who lacks self-control.

Proverbs 25:28 NIV



Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable.

1 Corinthians 9:24–27 ESV



So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

1 Corinthians 9:24–27 ESV



BUT THE FRUIT
OF THE SPIRIT IS

LOVE JOY PEACE
PATIENCE KINDNESS
GOODNESS FAITHFULNESS
GENTLENESS
SELF-CONTROL;

AGAINST SUCH THINGS
THERE IS NO LAW.

GALATIANS
5:22-23

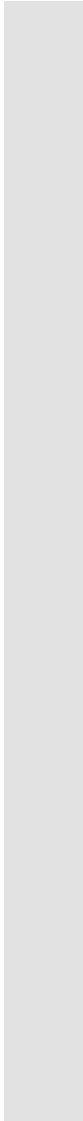

FOR GOD GAVE US
A SPIRIT NOT OF
FEAR BUT OF

Power &
Love &
Self-control

2 TIMOTHY 1:7


For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age, waiting for our blessed hope,

Titus 2:11–14 (ESV)



the appearing of the glory of our great God and Savior Jesus Christ, who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.

Titus 2:11–14 (ESV)



The end of all things is at hand;
therefore be self-controlled and sober-
minded for the sake of your prayers.

1 Peter 4:7 (ESV)

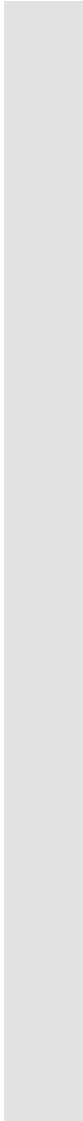



The way that we manage our income, expenditures and debt commitments are excellent barometers of spiritual maturity. When money becomes so important that it enslaves us to work too many hours a week, or when we live beyond our means, we are in a zone of spiritual danger.

PW 8 Manage Personal Resources


When Paul says that we shouldn't owe anyone anything, except to love one another he was giving us sound spiritual advice! Debt has a way of enslaving us!

PW 8 Manage Personal Resources



No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

Matthew 6:24 (ESV)



For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.

1 Timothy 6:10





Parable of the Talent

Matthew 25:14-30

